

All meals include a choice of either fat-free or 1%, chocolate or white milk.

December 2025

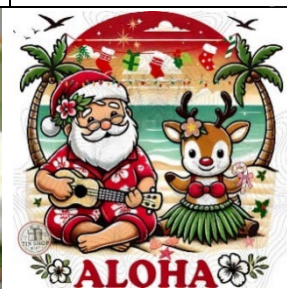


Breakfast and Lunch Menu



Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Applesauce Blueberry Crunch ***** Cheese Bites Marinara Dipping Sauce Celery Sticks Peach Mango Slushie	2 Egg & Cheese Burrito Salsa Cup Mandarin Oranges ***** Orange Chicken with Rice Edamame, Broccoli Pineapple Chunks Fortune Cookie	3 Maple Pancake Sandwich Orange Apple ***** Creole Macaroni with Cheese Green Salad, Carrots Sliced Peaches Whole Grain Roll	4 Bagel with Cream Cheese Orange Fruit Gel Orange ***** Cheeseburger Lettuce & Tomato Crinkle Fries Baby Carrots	5 Portuguese Sausage Steamed Rice, Apple Pineapple Chunks ***** Turkey with Gravy Mashed Potatoes Zucchini, Orange Whole Grain Roll
8 Pancake Bites Mixed Fruit Diced Pears ***** Chile Relleno Salsa Cup Green Salad Orange Fruit Gel	9 Ham & Cheese Croissant Orange Strawberry Crunch ***** Chicken Patty Sandwich Lettuce & Tomato Potato Wedges Orange	10 Uala Yogurt Bowl Pineapple Chunks Strawberry Crunchables ***** Korean Beef Bowl Steamed Rice Asian Coleslaw Edamame, Orange	11 Chicken Patty Steamed Rice Applesauce, Fruit Juice ***** Chicken Potstickers (Gyoza) Cucumber Pickles Steamed Broccoli Tropical Punch Raisins	12 Cinnamon Roll Turkey Links Orange, Sliced Peaches ***** Kalua Pork with Cabbage Steamed Rice Lomi Tomato, Sweet Potato Pineapple Chunks
15 Fiesta Empanada Diced Pears Fruit Juice ***** Lasagna Roll-Up Corn Broccoli Pineapple Chunks	16 Scramble Egg & Cheese With Baby Bakers Salsa Cup, Orange ***** Pepperoni Pizza Carrots Celery Orange	17 Guava Pastry Boiled Eggs Diced Pears, Sliced Peaches ***** Fish Fillet Sandwich Lettuce & Tomato Celery, Chips Strawberry Fruit Gel	18 Bagel with Cream Cheese Pineapple Chunks Apple ***** Chicken Tenders Mac & Cheese Edamame Steamed Carrots, Orange	19 Portuguese Sausage Steamed Rice, Orange Blueberry Crunchables ***** Baked Chicken with Gravy Steamed Rice Steamed Carrots, Corn POG Slushie



Mele Kalikimaka me ka Hau'oli Makahiki Hou

Merry Christmas and Happy New Year to Your 'Ohana



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.