

All meals include a choice of either fat-free or 1%, chocolate or white milk.

National Gratitude Month: November 2025



What are you thankful for? Breakfast and Lunch Menu

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

Monday	Tuesday	Wednesday	Thursday	Friday
3 French Toast Applesauce Blueberry Crunch ***** Cheese Bites Marinara Dipping Sauce Celery Sticks Peach Mango Slushie	4 Egg & Cheese Burrito Salsa Cup Mandarin Oranges ***** Orange Chicken with Rice Edamame, Broccoli Pineapple Chunks Fortune Cookie	5 Maple Pancake Sandwich Orange Apple ***** Creole Macaroni with Cheese Green Salad, Carrots Sliced Peaches Whole Grain Roll	6 Bagel with Cream Cheese Fruit Gel Orange ***** Cheeseburger Lettuce & Tomato Crinkle Fries Baby Carrots	7 Portuguese Sausage Steamed Rice, Apple Pineapple Chunks ***** Turkey with Gravy Mashed Potatoes Zucchini, Orange Whole Grain Roll
10 Pancake Bites Mixed Fruit Diced Pears ***** Chile Relleno Salsa Cup Green Salad Orange Fruit Gel	11 VETERANS DAY Honoring All Who Served 	12 Ham & Cheese Croissant Orange Strawberry Crunch ***** Korean Beef Bowl Steamed Rice Asian Coleslaw Edamame, Orange	13 Chicken Patty Steamed Rice Applesauce, Fruit Juice ***** Chicken Potstickers (Gyoza) Cucumber Pickles Steamed Broccoli Tropical Punch Raisins	14 Cinnamon Roll Turkey Links Orange, Sliced Peaches ***** Kalua Pork with Cabbage Steamed Rice Lomi Tomato, Sweet Potato Pineapple Chunks
17 Fiesta Empanada Diced Pears Fruit Juice ***** Lasagna Roll-Up Corn Broccoli Pineapple Chunks	18 Scramble Egg & Cheese With Baby Bakers Salsa Cup, Orange ***** Pepperoni Pizza Carrots Celery Orange	19 Guava Pastry Boiled Egg Diced Pears, Sliced Peaches ***** Fish Fillet Sandwich Lettuce & Tomato Celery, Chips Strawberry Fruit Gel	20 Bagel with Cream Cheese Pineapple Chunks Apple ***** Chicken Tenders Mac & Cheese Edamame Steamed Carrots, Orange	21 Portuguese Sausage Steamed Rice, Orange Blueberry Crunchables ***** Baked Chicken with Gravy Steamed Rice Steamed Carrots, Corn POG Slushie
24 Mini Blueberry Pancakes Mixed Fruit Strawberry Crunchables ***** Plant Bites with Rice Baked Beans Steamed Broccoli Strawberry Cup	25 Breakfast Chicken Patty Waffles Orange, Veggie Juice ***** Grilled Chicken Pasta Green Salad, Cucumbers Diced Tomato Orange	26 Applesauce Bread Turkey Sausage Pineapple Chunks, Raisins ***** Chili & Cheese Nachos Salsa Cup, Green Salad Refried Beans Strawberry Kiwi Juice	27 Hau'oli Lā Ho'omaika'i Happy Thanksgiving to Your 'Ohana 	



"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.