

All meals include a choice
of ½ PINT MILK.



October 2026 Breakfast Menu

Menu is subject to
change without notice.

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Breakfast Chicken Patty Rice Pineapple Chunks Fresh Fruit ***** Breakfast Alternative Option: Yogurt & Granola	2 Local Style Fried Rice Fresh Fruit Strawberry Fruit Gel ***** Breakfast Alternative Option: Cereal & Toast
5	6	7	8	9
Fall Break: October 5 – 9				
12 Fiesta Empanada Pineapple Chunks Fresh Fruit Juice *Indigenous Peoples' Day* Breakfast Alternative Option: Cereal & Toast	13 Ham & Cheese Croissant Two Kinds of Fresh Fruit ***** Breakfast Alternative Option: Yogurt & Granola	14 `Uala Sweet Potato Kalo Yogurt Bowl Strawberry Apple Crunch National STOP BULLYING Day Breakfast Alternative Option: Cereal & Toast	15 Sweet Potato Bread Turkey Sausage Pineapple Chunks Fresh Fruit ***** Breakfast Alternative Option: Yogurt & Granola	16 Breakfast Quesadilla Fresh Fruit Applesauce ***** Breakfast Alternative Option: Cereal & Toast
19 Banana Sheet Pancake Haupia Sauce Mandarin Oranges Strawberry Apple Crunch ***** Breakfast Alternative Option: Cereal & Toast	20 Breakfast Chicken & Waffles Fresh Fruit Veggie Juice ***** Breakfast Alternative Option: Yogurt & Granola	21 Ulu Banana Bread Turkey Sausage Pineapple Chunks Tropical Raisins ***** Breakfast Alternative Option: Cereal & Toast	22 Cheese Breadstick Marinara Sauce Fresh fruit ***** Breakfast Alternative Option: Yogurt & Granola	23 Cinnamon Roll Turkey Links Fresh Fruit Sliced Peaches ***** Breakfast Alternative Option: Cereal & Toast
26 French Toast Scratch Fruit Compote Applesauce Blueberry Apple Crunch ***** Breakfast Alternative Option: Cereal & Toast	27 Scrambled Egg & Cheese Baby Bakers Local Salsa Mandarin Orange Fresh Fruit **Parent-Teacher Conferences** Breakfast Alternative Option: Yogurt & Granola	28 Maple Pancake Sausage & Cheese Two kinds of Fresh Fruit **Parent-Teacher Conferences** Breakfast Alternative Option: Cereal & Toast	29 Pumpkin Loaf Scrambled Egg Fresh Fruit Strawberry Fruit Gel **Parent-Teacher Conferences** Breakfast Alternative Option: Yogurt & Granola	30 Portuguese Sausage & Rice Fresh Fruit Pineapple Chunks **Halloween** Breakfast Alternative Option: Cereal & Toast

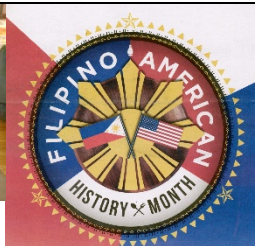
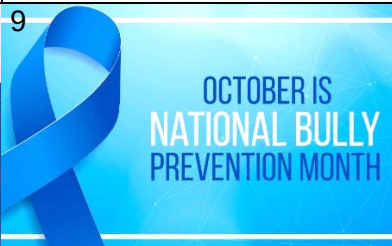
“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

All meals include a choice
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October 2026 Lunch Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
			1 Beef or Three Bean Chili Rice, Poi Cornbread Baby Carrots, Coleslaw Apple Strawberry Crunchable Fruit Punch ***** Lunch Alternative Option: Chef Salad	2 Shoyu, Adobo or Baked Chicken Rice, Gravy Edamame, Steamed Broccoli Mandarin Oranges, Applesauce Whole Grain Roll ***** Lunch Alternative Option: Chinese Chicken or Tofu Salad
		 Fall Break: October 5 – 9		
12 Stuffed Crust Pepperoni Pizza Baby Carrots Cucumber Dressing Two kinds of Fresh Fruit * Indigenous Peoples' Day * Lunch Alternative Option: Veggie Crisp Up Taco with Rainbow Salad	13 Chicken Papaya Soup Chips, Cucumbers Green Salad, Dressing Strawberries & Cream Ice Cake Applesauce, Whole Grain Roll ***** Lunch Alternative Option: Tuna Tofu Salad	14 Shoyu, Adobo or Baked Chicken Edamame, Steamed Broccoli Mandarin Oranges, Applesauce Whole Grain Roll Rice, Gravy National Stop Bullying Day Lunch Alternative Option: Protein Pack	15 Loco Moco `Ulu Gravy Steamed Broccoli Cucumber Pickles Fresh Fruit, Tropical Raisins Whole Grain Roll ***** Lunch Alternative Option: Crispy Protein Popper Caesar Salad	16 Kalua Pork with Cabbage Poi, Lomi Tomato Okinawan Sweet Potato Pineapple Chunks Fresh Fruit ***** Lunch Alternative Option: Tofu Poke Bowl
19 Crispy Protein Popper Steamed Broccoli, Baked Beans Strawberries & Cream Ice Cake Pineapple Chunks Whole Grain Roll Signature Sauce ***** Lunch Alternative Option: Somen Salad	20 Pasta Florentine with or without Chicken Green Salad, Dressing Diced Tomato, Cucumbers Fresh Fruit, Sliced Peaches Whole Grain Roll ***** Lunch Alternative Option: Chicken Caesar Salad	21 Chili & Cheese Nachos Green Salad, Dressing Refried Beans, Local Salsa Pineapple Chunks Strawberry Kiwi Juice ***** Lunch Alternative Option: Bussin Bean Volcano Bowl	22 Hot Dog with Bun Tater Tots Baby Carrots Cucumbers Two Kinds of Fresh Fruit Dipping Sauce ***** Lunch Alternative Option: Chinese Chicken or Tofu Salad	23 Kalua Pork Sandwich Baby Carrots, Cucumbers Sweet Potato Mash Apple Blueberry Crunchables Sliced Peaches, Whole Grain Roll Pasta Salad, Dressing, BBQ Sauce ***** Lunch Alternative Option: Pasta Salad
26 Cheese or `Aina Pizza Baby Carrots Cucumbers Two Kinds of Fresh Fruit Dressing ***** Lunch Alternative Option: Protein Pack	27 Orange Chicken with Rice Edamame, Steamed Broccoli Pineapple Chunks Mandarin Oranges Fortune Cookie, Whole Grain Roll ** Parent-Teacher Conferences ** Lunch Alternative Option: Chinese Chicken or Tofu Salad	28 Paniolo Pasta Green Salad, Dressing Baby Carrots, Cucumbers Fresh Fruit, Sliced Peaches Garlic Bread or French Roll ** Parent-Teacher Conferences ** Lunch Alternative Option: Caesar Salad with Chicken or Crispy Protein Popper	29 Cheese, Teri or Hamburger Lettuce and Tomato, Dressing Baby Carrots, Fresh Fruit Crispy Crinkle Fries, Ketchup Sour Tropical Punch Raisin ** Parent-Teacher Conferences ** Lunch Alternative Option: Chef Salad	30 Roast Turkey with Gravy Mashed Potatoes Roasted Zucchini Fresh Fruit Applesauce ***** Halloween ***** Lunch Alternative Option: Banh Mi Salad

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