








All meals include a choice of either fat-free or 1%, chocolate or white milk.



Spock: "Live Long and Prosper."

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

September 2025 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>1 HAPPY LABOR DAY</p>	<p>2 Breakfast Chicken Patty Waffles Orange, Veggie Juice ***** Grilled Chicken Pasta Green Salad, Cucumbers Diced Tomato Orange</p>	<p>3 Applesauce Bread Turkey Sausage Pineapple Chunks, Raisins ***** Chili & Cheese Nachos Salsa Cup, Refried Beans Green Salad Strawberry Kiwi Juice</p>	<p>4 Cheese Stick Marinara Sauce Orange ***** Hot Dog with Bun Tater Tots Celery Orange</p>	<p>5 Cinnamon Roll Turkey Links Mixed Fruit, Peaches ***** Kalua BBQ Pork Sandwich Carrots, Celery Sweet Potato Mash Blueberry Crunchables</p>
 <p>8 French Toast Applesauce Blueberry Crunch *** Star Trek Day *** Cheese Bites Celery Sticks Marinara Dipping Sauce Peach Mango Slushie</p>	<p>9 Egg & Cheese Burrito Salsa Cup Mandarin Oranges ***** Orange Chicken with Rice Edamame, Broccoli Pineapple Chunks Fortune Cookie</p>	<p>10 Maple Pancake Sandwich Orange Apple ***** Creole Macaroni with Cheese Green Salad, Carrots Sliced Peaches Whole Grain Roll</p>	 <p>11 Bagel with Cream Cheese Fruit Gel Orange ***** Cheeseburger, Crinkle Fries Lettuce & Tomato, Baby Carrots</p>	 <p>12 Portuguese Sausage Steamed Rice, Apple Pineapple Chunks * National Day of Encouragement * Roast Turkey with Gravy Mashed Potatoes Zucchini, Orange Whole Grain Roll</p>
<p>15 Pancake Bites Mixed Fruit Diced Pears ***** Chile Relleno Salsa Cup Green Salad Orange Fruit Gel</p>	<p>16 Ham & Cheese Croissant Orange Strawberry Crunch ***** Chicken Patty Sandwich Lettuce & Tomato Potato Wedges Orange</p>	<p>17 Uala Yogurt Bowl Pineapple Chunks Strawberry Crunchables ***** Korean Beef Bowl Steamed Rice Asian Coleslaw Edamame, Orange</p>	<p>18 Chicken Patty Steamed Rice Applesauce, Fruit Juice ***** Chicken Potstickers (Gyoza) Cucumber Pickles Steamed Broccoli Tropical Punch Raisins</p>	<p>19 Teacher Planning and Collaboration Day</p> 
<p>22 Fiesta Empanada Diced Pears Fruit Juice ***** Lasagna Roll-Up Corn Broccoli Pineapple Chunks</p>	<p>23 Scramble Egg & Cheese Whole Grain Tortilla Salsa Cup, Orange ***** Pepperoni Pizza Carrots Celery Orange</p>	<p>24 Guava Pastry Boiled Eggs Diced Pears, Sliced Peaches ***** Fish Fillet Sandwich Lettuce & Tomato Celery, Chips Strawberry Fruit Gel</p>	<p>25 Bagel with Cream Cheese Pineapple Chunks Apple ***** Chicken Tenders Mac & Cheese Edamame Steamed Carrots, Orange</p>	<p>26 Portuguese Sausage Steamed Rice, Orange Blueberry Crunchables ***** Baked Chicken with Gravy Steamed Rice Steamed Carrots, Corn POG Slushie</p>
<p>29 Mini Blueberry Pancakes Mixed Fruit Strawberry Crunchables ***** Plant Bites with Rice Baked Beans Steamed Broccoli Strawberry Cup</p>	<p>30 Breakfast Chicken Patty Waffles Orange, Veggie Juice ***** Grilled Chicken Pasta Green Salad, Cucumbers Diced Tomato Orange</p>	 <p>HELLO PLEASE BE POLITE THANK YOU EXCUSE ME</p> <p>This is National Courtesy Month</p>	<p>National</p> 	<p>Friendship Month</p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.