

# February 2023 Breakfast and Lunch Menu

All meals include a choice of either chocolate or white skim milk or 1% white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Country Gravy Pizza Pineapple Chunks Craisins ***** Hamburger Tater Tots Lettuce & Tomato Orange	2 Pork Sausage Patty Steamed Rice, Mixed Fruit Fruit Juice ***** Chicken Tenders Steamed Rice Hot Corn, Edamame Sliced Peaches	3 Cereal with Toast Applesauce Orange ***** Roasted Turkey with Gravy Whipped Potatoes Zucchini Sticks, Roll Baby Carrots, Diced Pears
6 Cheese Stick Marinara Sauce Cup Sliced Peaches ***** Cheese Pizza Green Salad Baby Carrots Orange	7 Belgian Waffle Orange Mixed Fruit ***** Fish Sandwich Tater Tots Cucumber, Baked Beans Fruit Slushy	8 Cereal with Toast Diced Pears Apple ***** Spaghetti with Meat Sauce Green Salad with Cucumber Edamame Apple, Roll	9 Portuguese Sausage Steamed Rice, Craisins Applesauce ***** Roasted Pork with Gravy Steamed Rice Steamed Broccoli, Baby Carrots Fruit Juice	10 Cinnamon Roll Apple Chips Orange ***** Hot Dog-in-Bun Tater Tots Coleslaw Apple Crisps
13 Belgian Waffle Apple Chips Pineapple Chunks ***** Tasty Chicken Tenders Steamed Rice Baby Carrots, Edamame Cucumber, Applesauce	14 Breaded Chicken Patty Steamed Rice, Craisins Sliced Peaches ***** Chicken Sandwich Tater Tots Lettuce & Tomato Wedge Edamame, Apple	15 Cereal with Toast Diced Pears Orange ***** Chili & Rice Green Salad Salsa, Roll Fruit Juice	16 Pizza Bagel Mixed Fruit Grape Juice ***** Beef Patty with Gravy Steamed Rice Broccoli, Corn Orange	17  Teacher Institute No School
20  Presidents Day Holiday No School	21 Portuguese Sausage Steamed Rice, Orange Pineapple Chunks ***** Macaroni & Cheese Edamame Baby Carrots Apple	22  Breakfast Kit Orange ***** Pepperoni Pizza Cucumber Corn Orange	23 Cereal with Toast Applesauce Orange ***** Hamburger Curry Steamed Rice Corn, Broccoli Fruit Slushy	24 Breakfast Pizza Orange Apple Chips ***** Tuna Sandwich with Soup Baby Carrots Cucumber Orange
27 Plain Bagel Cream Cheese, Orange Diced Pears ***** Cheese Bites Marinara Sauce Cup Cucumber Fruit Slushy	28 Fruited Muffin Sliced Peaches Fruit Juice ***** Creole Macaroni Green Salad, Edamame Applesauce Roll			

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.