

January 2023 Breakfast and Lunch Menu

All meals include a choice of either chocolate or white skim milk or 1% white milk.

Monday	Tuesday	Wednesday	Thursday	Friday
2 Winter Break No School	3 Winter Break No School	4 Teacher Institute No School	5 Pork Sausage Patty Steamed Rice, Mixed Fruit Fruit Juice ***** Cheese Bites Marinara Sauce Cup Cucumber Fruit Slushy	6 Cereal with Toast Applesauce Orange ***** Hamburger Tater Tots Lettuce & Tomato Orange
9 Cheese Stick Marinara Sauce Cup Sliced Peaches ***** Cheese Pizza Green Salad Baby Carrots Orange	10 Belgian Waffle Orange Mixed Fruit ***** Fish Sandwich Tater Tots Cucumber, Baked Beans Fruit Slushy	11 Cereal with Toast Diced Pears Apple ***** Spaghetti with Meat Sauce Green Salad with Cucumber Edamame Apple, Roll	12 Portuguese Sausage Steamed Rice, Craisins Applesauce ***** Roasted Pork with Gravy Steamed Rice Steamed Broccoli, Baby Carrots Fruit Juice	13 Cinnamon Roll Apple Chips Orange ***** Hot Dog-in-Bun Tater Tots Coleslaw Apple Crisps
16 Martin Luther King, Jr. Holiday No School	17 French Toast Sticks Syrup, Apple Chips Pineapple Chunks ***** Tasty Chicken Tenders Steamed Rice Baby Carrots, Edamame Cucumber, Applesauce	18 Cereal with Toast Diced Pears Orange ***** Chicken Sandwich Tater Tots Lettuce & Tomato Wedge Edamame, Apple	19 Pizza Bagel Mixed Fruit Grape Juice ***** Chili & Rice Green Salad Salsa, Roll Fruit Juice	20 Cereal with Toast Orange Apple Chips ***** Beef Patty with Gravy Steamed Rice Broccoli, Corn Orange
23 Portuguese Sausage Steamed Rice, Orange Pineapple Chunks ***** Macaroni & Cheese Edamame Baby Carrots Apple	24 Cereal with Toast Diced Pears Fruit Juice ***** Pepperoni Pizza Cucumber Corn Orange	25 Breakfast Kit Orange ***** Hamburger Curry Steamed Rice Corn, Broccoli Fruit Slushy	26 Country Breakfast Scramble Steamed Rice Applesauce, Orange ***** Tuna Sandwich with Soup Tomatoes Cucumber Orange	27 Breakfast Pizza Orange Apple Chips ***** Baked Chicken Steamed Rice Broccoli, Baked Beans Apple Crisps
30 Plain Bagel Cream Cheese, Orange Diced Pears ***** Cheese Bites Marinara Sauce Cup Cucumber Fruit Slushy	31 Fruited Muffin Sliced Peaches Fruit Juice ***** Creole Macaroni Green Salad, Edamame Applesauce Roll			

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.