

All meals include a choice of either fat-free or 1%, chocolate or white milk.

# February 2024 Breakfast and Lunch Menu

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

Monday	Tuesday	Wednesday	Thursday	Friday
	<p><i>February 9</i> <b>Happy Birthday Princess Ruth Ke'elikōlani</b></p> 	  <p><b>Tết Nguyên Đán</b></p>	<p>1 Cheese-stuffed Breadstick Marinara Sauce Cup Fresh Fruit ***** Chicken Potstickers (Gyoza) Dipping Sauce, Baby Carrots Cucumber Sticks, Dressing Fruit Punch Juice</p>	<p>2 Cinnamon Roll Craisins Sliced Peaches ***** Baked Chicken with Gravy Brown Rice, Pears Steamed Carrots, Edamame</p>
<p>No School for Students Monday, February 5 Waiver Day</p> 	<p>6 Portuguese Sausage Brown Rice, Applesauce Strawberry Apple Crisps ***** Fish Fillet Sandwich Lettuce Leaf &amp; Tomato Slice Cucumber Sticks, Nacho Chips Strawberry Fruit Gel</p>	<p>7 Cheese-stuffed Breadstick Marinara Sauce Cup Fresh Fruit ***** Hot Dog with Bun Tater Tots Coleslaw Apple</p>	<p>8 Banana Bread Pork Sausage Patty Fresh Fruit, Grape Juice ***** Macaroni &amp; Cheese Steamed Carrots Broccoli Fruit Slushie</p>	<p>9 Cinnamon Toast Vanilla or Summer Berry Yogurt Applesauce, Fresh Fruit ***** Pepperoni Pizza Baby Carrots Cucumber Sticks, Dressing Oranges</p> 
<p>12 NO SCHOOL Teacher Institute Day</p> 	<p>13 Breakfast Chicken Patty Brown Rice, Pears Strawberry Kiwi Juice Happy Mardi Gras! Chicken Tenders Brown Rice, Dipping Sauce Baby Carrots, Edamame Strawberry Fruit Gel</p> 	<p>14 Breakfast Pizza Pineapple Chunks Fresh Fruit ***** BBQ Pork Sandwich Tater Tots Coleslaw, Baked Beans Sliced Peaches</p> 	<p>15 Country Breakfast Scramble Brown Rice, Salsa Cup Fresh Fruit ***** Mini Turkey Corn Dogs Baby Carrots, Cucumber Sticks Dipping Sauce, Dressing Oranges</p>	<p>16 Plain Bagel Cream Cheese Cup Sliced Peaches, Mixed Fruit ***** Cheese Bites Marinara Sauce Cup Cucumber Sticks, Dressing Apple</p>
<p>19 PRESIDENTS' DAY</p> 	<p>20 Portuguese Sausage Brown Rice, Fresh Fruit Sliced Peaches ***** Chicken Patty Sandwich Lettuce Leaf &amp; Tomato Slice Tater Tots, Apple Chicken Noodle Soup</p>	<p>21 Breakfast Pizza Bagel Fresh Fruit Pears ***** Beef Patty with Gravy Brown Rice Steamed Carrots, Baked Beans Fruit Slushie</p>	<p>22 Coffee Cake Muffin Bar Pork Sausage Patty Applesauce, Craisins ***** Cheese Pizza Cucumber Sticks Edamame, Dressing Apple</p>	<p>23 Pork Sausage Patty Brown Rice, Fresh Fruit Strawberry Kiwi Juice ***** Roasted Turkey with Gravy Whipped Potatoes Zucchini, Whole Grain Roll Mixed Fruit</p>
<p>26 Plain Bagel Cream Cheese Cup, Pears Strawberry Apple Crisps ***** Tasty Tenders Brown Rice, Dipping Sauce Broccoli, Baked Beans Orange Fruit Gel</p>	<p>27 Portuguese Sausage Brown Rice, Fresh Fruit Pineapple Chunks ***** Cheeseburger with Bun Lettuce Leaf &amp; Tomato Slice Potato Wedges, Oranges Cucumber Sticks, Dressing</p>	<p>28 Country Gravy Pizza Fresh Fruit Strawberry Kiwi Juice ***** Creole Macaroni with Cheese Green Salad, Dressing Corn, Whole Grain Roll Sliced Peaches</p>	<p>29 Cheese-stuffed Breadstick Marinara Sauce Cup Fresh Fruit ***** Chicken Potstickers (Gyoza) Dipping Sauce, Baby Carrots Cucumber Sticks, Dressing Fruit Punch Juice</p>	

"THIS INSTITUTION  IS AN EQUAL OPPORTUNITY PROVIDER." Menu is subject to change without notice.