


All meals include a choice of either fat-free or 1%, chocolate or white milk.

Check the Nutrislice website for the daily breakfast option at Ke'elikōlani Middle School.

August 2024 Breakfast and Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>5 French Toast Sticks Maple Syrup, Fresh fruit Strawberry Kiwi Juice ***** Chili & Cheese Nachos Salsa Cup Green Salad, Dressing Strawberry Kiwi Juice</p>	<p>6 Breakfast Pizza Bagel Fresh Fruit Fresh Fruit ***** Chicken Patty Sandwich Lettuce Leaf & Tomato Slice Emoticon Potato Shapes Fresh Fruit</p>	<p>7 Breakfast Chicken Patty Brown Rice, Pineapple Chunks Strawberry Apple Crisps ***** Cheese Pizza Cucumber Sticks Edamame, Dressing Fresh Fruit</p>	<p>8 Portuguese Sausage Brown Rice Unsweetened Applesauce ***** Beef Patty with Gravy Brown Rice Steamed Carrots, Edamame White Grape Peach Slushie</p>	<p>9 Coffee Cake Muffin Bar Turkey Sausage Links Fresh Fruit, Mixed Fruit ***** Roasted Turkey with Gravy Whipped Potatoes Zucchini, Whole Grain Roll Mixed Fruit</p>
<p>12 Plain Bagel Cream Cheese Cup, Pears Unsweetened Applesauce ***** Tasty Tenders Brown Rice, Dipping Sauce Broccoli, Baked Beans Strawberry Apple Crisps</p>	<p>13 Cheese-stuffed Breadstick Marinara Sauce Cup Fresh Fruit ***** Fish Fillet Sandwich Lettuce Leaf & Tomato Slice Cucumber Sticks, Nacho Chips Orange Fruit Gel</p>	<p>14 Cinnamon Roll Pork Sausage Patty Craisins ***** Creole Macaroni with Cheese Green Salad, Dressing Edamame Whole Grain Roll</p>	<p>15 Portuguese Sausage Brown Rice, Fresh Fruit Strawberry Kiwi Juice ***** Chicken Potstickers(Gyoza) Honey Sriracha Dipping Sauce Baby Carrots, Cucumber Sticks Dressing, Fresh Fruit</p>	<p>16 <i>No School</i> </p>
<p>19 Cinnamon Belgian Waffle Chicken Tenders, Fresh Fruit Strawberry Kiwi Juice ***** Three Bean Chili Mac Steamed Carrots Broccoli Passion Orange Guava Slushie</p>	<p>20 Cheese-stuffed Breadstick Marinara Sauce Cup Fresh Fruit ***** Shoyu Hot Dog Brown Rice, Baby Carrots Corn, Whole Grain Roll Fresh Fruit</p>	<p>21 Portuguese Sausage Brown Rice Pineapple Chunks ***** Pepperoni Pizza Baby Carrots Cucumber Sticks, Dressing Fresh Fruit</p>	<p>22 Cinnamon Toast Vanilla or Summer Berry Yogurt Fresh Fruit, Craisins ***** Hamburger with Bun Lettuce Leaf & Tomato Slice Potato Wedges, Fresh Fruit Cucumber Sticks, Dressing</p>	<p>23 Banana Bread Turkey Sausage Links Mixed Fruit ***** Kalua Pork and Cabbage Brown Rice Edamame Pineapple Chunks</p>
<p>26 Plain Bagel Cream Cheese Cup, Mixed Fruit Strawberry Kiwi Juice ***** Cheese Bites Marinara Sauce Cup Cucumber Sticks, Dressing Fresh Fruit</p>	<p>27 Breakfast Pizza Fresh Fruit ***** BBQ Pork Sandwich Potato Wedges Coleslaw Baked Beans</p>	<p>28 Breakfast Chicken Patty Brown Rice Pears ***** Mini Turkey Corn Dogs Baby Carrots, Cucumber Sticks Dipping Sauce, Dressing Fresh Fruit</p>	<p>29 Country Breakfast Scramble Brown Rice, Salsa Cup Pineapple Chunks ***** Chicken Tenders Potato Wedges, Dipping Sauce Baby Carrots, Edamame Strawberry Fruit Gel</p>	<p>30 Cinnamon Roll Pork Sausage Patty, Fresh Fruit Strawberry Apple Crisps ***** Hamburger Curry Brown Rice, Cucumber Sticks Green Salad, Dressing Cranberry Raspberry Juice</p>

"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER."

Menu is subject to change without notice.